

Pandemic H1N1 Flu

Community Update



Summer 2010

Webinar Agenda

■ Introduction

- ❑ Hello, this is Dr. Sara Cody, *Deputy Health Officer for Santa Clara County*. I'd like to welcome you to today's community update on H1N1 flu.
 - ❑ Over the next 15 minutes, I'll be sharing the following information:
 - ❑ **Current Status (5 minutes)**
 - ❑ **Vaccination Efforts (5 minutes)**
 - ❑ **Prevention Tips (5 Minutes)**
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Where We Are Now

- Flu activity is light at the moment, but we cannot predict whether and when another wave of influenza may appear.
- Sporadic cases of 2009 H1N1 continue to be detected in the United States and in other parts of the world.
- CDC still recommends that people at higher risk of flu-related complications get the 2009 H1N1 vaccine.
 - ❑ young children, people 65 years and older
 - ❑ pregnant women
 - ❑ people with asthma, chronic obstructive pulmonary disease (COPD), diabetes, heart, or neurologic disease



Current Surveillance Data

- Between April 2009 and the present, 1,058 people in Santa Clara County have been hospitalized and 23 people have died from H1N1.
 - No recent influenza hospitalizations, ICU H1N1 cases, or influenza-related deaths have been reported.
 - The Santa Clara County Public Health Laboratory performs confirmatory testing of influenza A (H1N1). The number of specimens submitted for testing has declined, and for the 11th (3/27-6/5) week in a row, no specimens tested positive for influenza A (H1N1).
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PH Clinic Vaccination Efforts

- The Public Health Department conducted 6 H1N1 vaccination clinics at the County Fairgrounds; 6 Valley Health Clinic locations and 5 Gardner Family Health Network sites over the past year.
 - In May and June, the Public Health Department also conducted a Latino Outreach Campaign in which over 1,000 hard to reach Latinos were vaccinated.
 - Since the pandemic's inception, more than 70,000 people were vaccinated through PHD clinics.
 - Vaccine continues to be available at our Lenzen Avenue Adult Immunization Clinic.
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Vaccine Update

- SCCPHD has 20,000 vaccines that won't expire until 2011
 - H1N1 Vaccinations are available through:
 - PHD Park Alameda Adult Immunization clinic
 - SCVHHS outpatient clinics
 - Vaccination against 2009 H1N1 can be beneficial even now as 2009 H1N1 is still circulating in some areas.
 - Vaccination is especially important for travelers who may be exposed to persons from different countries where influenza may circulate at higher levels.
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2010-2011 Vaccine Update

- The seasonal influenza vaccine (2010-11) will include the 2009 H1N1 virus along with an influenza A (H3N2) and an influenza B strain, but this vaccine will not be available until September at the earliest.
 - Vaccination is especially important for people at higher risk of serious complications from influenza, including people with chronic health conditions, pregnant women, children, and people 65 years and older.
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Summer Travel Tips

- Internationally, 2009 H1N1 is still circulating, including in the Southern Hemisphere, which is entering its flu season.
 - Sporadic cases of 2009 H1N1 continue to be detected in the United States and in other parts of the world, especially in the Caribbean, Central America, and tropical regions of South America, West Africa, and South and Southeast Asia.
 - If traveling outside the country, be sure to get a 2009 H1N1 flu vaccination if you haven't gotten one yet, especially if you are at higher risk for flu-related complications.
 - Take basic medical supplies with you in case you get sick.
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Stay Well and Help Us Fight the Flu



- Get vaccinated, especially if you are traveling to the Southern Hemisphere.
 - Wash your hands with soap and water – **often!**
 - Avoid touching your eyes, nose or mouth.
 - Stay away from sick people as much as possible.
 - Keep surfaces clean.
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What Else Should You Do?

Plan & Prepare...for this, and any future pandemics:

- Every person & family should plan and prepare.
 - Have a plan if your kids get sick or if schools need to close. Employers should have a plan for periods of high absenteeism.
 - Visit our website and look for the **Home Care Guide** to find out how to prepare at home
 - Practice good health habits – eat a balanced diet & get enough rest.
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For Information and Updates...

- ❑ **Stay informed** - the Public Health Department's web site at www.sccphd.org and the CDC at www.pandemicflu.gov.
- ❑ **Public Health Information Line (PHIL)** at 408.885.3980
- ❑ **Facebook:** "Santa Clara County Public Health Department"
- ❑ **e-Newsletter:** HealthWatch (subscribe at www.sccphd.org)



Thank you!
